

Angela Wiley

MA, LPC, LPCS, LCAS, CCS, NCC, MAC, RDT/BCT, BC-DMT, CTTS

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My Background

I work as a Dance/Movement Therapist, Drama Therapist, Licensed Substance Abuse Therapist and Licensed Professional Counselor. I hold concurrent Bachelor of Art degrees from Arizona State University in 1997, in Dance/Theater & also in Psychology. I graduated from Antioch New England Graduate School in May 2001 with a Masters of Arts in Dance/Movement Therapy with a minor in Counseling and completed the alt route training as a drama therapist.

My certifications include; a Licensed Professional Counselor (LPC) in South Carolina # 4676 and in North Carolina #6642, LPC Supervisor (LPCS) #S6642 in NC. I have a Licensed Clinical Addiction Specialist (LCAS) #1591. I also hold a National Certified Counselor (NCC) # 210555, a Master Addiction Counselor (MAC) with NAADAC # 507405 a Board Certified-Dance Movement Therapist (BC-DMT) # 1047, and a Registered Drama Therapist/Board Certified Trainer (RDT/BCT) # 71. I am a Clinical Counseling Supervisor (CSS) with the state of NC # 569. I am also a Certified Trauma Treatment Specialist (CTTS) with the Association of Traumatic Stress Specialists. I have worked as a licensed therapist for the past 13 years with children, adolescents, adults and families. I have specialized in working with victims of abuse, people with developmental and physical limitations, and individuals struggling with trauma and substance abuse. I also have taught dance and drama classes for over 20 years.

I use dance therapy, drama therapy and counseling psychology with a Gestalt and psychodynamic approach in my practice depending on what best suits the individual seeking therapy. I believe dance and drama therapies are additional tools to traditional verbal therapy. Instead of sitting and talking about your problems, feelings and experiences you can add the opportunity to get up and express them through dance, movement, and drama. I follow the following codes of ethics; ACA, NAADAC, ADTA, and NADTA. I occasionally use therapeutic touch in sessions as appropriate and as directed by the above codes of ethics.

Length of counseling:

Each individual will have 2-3 consultation sessions to determine the most appropriate setting and therapist. This concludes with either entering into a therapeutic relationship or in receiving referrals. Successful management of symptoms determines the length of treatment, and will vary. Either you or I may terminate the relationship at any time if it is felt that services are no longer beneficial. Ideally, we will both agree when it is time for you to stop coming to counseling at least one week in advance so we can arrange for a termination session to help provide closure.

Missed sessions:

If you do not keep two appointments in a row and I don't hear from you/I am unable to contact you I will not continue to reserve a for you and will ask if you wish to terminate services. You are always welcome to contact me about resuming therapy but be aware I have limited evening and afternoon times and you may have to come at a less desirable time. Each session lasts 50 minutes. The session ends at the appointed time and is considered a full session even if the client is late. A full fee is charged for missed appointments or no show cancellations with less than a 24 hour notice unless due to an emergency that is beyond your control (severe car accident, severe illness, etc). I cannot charge insurance companies for missed sessions, and you will be responsible for the full fee if not cancelled 24 hours in advance.

* If there is snow, ice, or something else I will follow the Guilford County School System delay and cancellation schedule. No cancelation fee will be applied in this case.

If you are ill, (throwing up, have a fever, etc) do not come into the office. You need your rest and need to get better and being around other people can make you worse and infect others. Just call Angela and let her know you are sick. She can either talk to you over the phone or reschedule an appointment for when you are feeling better. It is important that you call Angela and let her know if you can't make it to your appointment. Please do so within 24 hours of your appointment so you will not be charged.

Counseling of a minor: I encourage communication between the minor and family and will not keep “secrets” from any party. This “no secrets” policy includes step parents, separated/divorced parents and other members of the household. Parents/legal guardians of non-emancipated minors have the right to access records but I will advise a joint therapy session so that an open conversation can take place prior to releasing any records. Parents plan on attending the first 5-10 minutes of your child’s session so this dialogue can occur each week and you can be actively involved in you child’s therapy. Also if there is more than one household, parents plan to alternate bringing the child so that everyone is involved. It will be the parent’s responsibility to arrange for how payments are made and who is responsible for payments.

Fees Fees are \$125/hour and are due at each session in the form of cash, check or credit card. A sliding fee scale is available. There is a \$25 charge for returned checks. I charge a 1hr rate for court/progress letters and my rate to appear in court is \$250/hr including my travel time (see court policy 106). If correspondences outside of the therapy session either in person or via telephone/email exceeded 30 minutes your hourly rate will apply. Fees for records are 1 hourly rate for less than 50 pgs and 2 hourly rates for 50 pages and above. If there is a change with your insurance and/or the session is denied by the insurance you will be responsible for the full amount that would have been paid by the insurance company.

I agree to pay my hourly rate per session: _____ Initials _____, _____.

Confidentially All information shared in counseling session is kept confidential with the following exceptions; if someone is at risk of harming them self or others, or if abuse is disclosed regarding a minor child or an elderly person then by law information must be breached in order to offer protection. This includes prenatal exposure to controlled substances and potential health risks regarding communicable diseases. Mental health records can also be ordered by a judge for use in court proceedings. If I am conducting a court related assessment this will not be considered therapy and a summary with recommendations will be submitted to the court and appropriate agency. The least amount of personal information needed may also be shared for fee collection. If you are working with DSS know that they are your guardian and will have access to you file.

Your public confidentiality is entitled to respect. We may encounter one another outside of the office. To protect your privacy, I will not acknowledge that we are acquainted. If you choose to greet me, I will happily do likewise using the same manner in that you greet me.

A specific form must be signed for your protected health information to be released. If you use your health insurance to receive services, I must make a formal mental health diagnosis in order to get sessions authorized. Insurance companies and other third-party payers are given the following information upon request: type of services, dates/times of services, diagnosis, treatment plan, description of impairment, progress notes of therapy and summaries. This information is subject to review and has the potential of effecting medical records, disability claims and benefits.

If you communicate with me between sessions via e-mail or text messaging. Please understand that the confidentiality of these correspondences cannot be ensured and these will become part of your record. I suggest any e-mail or text messaging be general (i.e.; “need to cancel can we meet next week?” or “need to talk call me”). Also be aware if you choose to use an email with your name confidentially can not be assured. If you do not wish to be emailed/txted, please indicate this clearly in your paperwork. It is considered a dual relationship to connect via social media. All linked in/face book and other friend and gift requests will not be accepted.

Angela is not available 24hrs a day. Call (336) 698-6723 with non emergency calls, this is a confidential voice mail. If feeling like harming yourself or others and/or it is an emergency you agree to call 911, the National Suicide Prevention Hotline at 800 273-8255 or Mobile crisis at (877) 626-1772 and/or go to the nearest emergency room.

Any concerns or questions you have regarding my services are encouraged to be discussed with me so our work can be collaborative in nature. Complaints can be addressed with the governing boards listed below. North Carolina Board of Licensed Professional Counselors at: P.O. Box 77819 Greensboro, North Carolina 27417. (844) 622-3572, or The DHHS Customer Service/Community Rights (919)-715-3197 or 1-800-662-7030.

By signing, I consent to treatment & indicate I have read, understood, & agreed to all information and any questions regarding this form have been answered to my satisfaction.

Revised 11/15/17

Signature _____ Date _____
Signature _____ Date _____