

LPCA SELF-EVALUATION OF SESSION

You are expected to evaluate your performance as a counselor for each of the taped sessions you would present during individual supervision with your university faculty. This form is intended to help you improve effectiveness.

LPCA Name _____

Supervisor Name _____

Directions: Answer each question following the counseling session.

Preparation for the Interview

1. Was I physically in good condition and mentally alert? Yes _____ No _____
2. Did I schedule sufficient time for the interview? Yes _____ No _____
3. Was there sufficient privacy and freedom from interruption? Yes _____ No _____
4. Did the physical space suggest welcome and an atmosphere conducive to counseling? Yes _____ No _____
5. Did I have sufficient information about the client to help me understand him/her better? Yes _____ No _____
6. Was I able to see the client's point of view without bias or prejudice? Yes _____ No _____

The Interview

1. Was I sensitive to the client and did I use an appropriate approach? Yes _____ No _____
2. Was I able to create an atmosphere in which the client was willing to discuss his/her issues? Yes _____ No _____
3. Was I successful in maintaining facilitative communication between us? Yes _____ No _____
4. Did I provide a summary of the counseling session at the end? Yes _____ No _____
5. Did I provide a homework assignment or future plan for the client to encourage returning for another session? Yes _____ No _____

Additional Observations/Comments: