

Embodied Sand Tray Enactment

Saturday October 13, 2018

9 AM-7 PM (1 hr working lunch)

Location: 4112 Spring Garden Suite B Greensboro, NC 27404

Part 1 (9 AM-1 PM) Be introduced to Sandtray/Sand play therapy. Participants will learn how to make or purchase a sand tray, select figures and begin using this technique. Basic techniques will be taught and experienced to use with assessments, individuals and groups.

Part 2 (1-7 PM) Participants will learn how to use Drama Therapy, embodied sand play enactment and Dance/Movement Therapy to bring a body awareness to the work. Ways to take the work out of the Sandtray and into action will be taught and experienced. These techniques and concepts will be applied to work with adults, children, groups and with families.

Topic Area: Counseling Theory/Practice and the Helping Relationship:

Learning objectives:

- Be able to discuss an understanding of what sand tray is and how to use it in the diagnosis and treatment of mental disorders.
- Learn what is needed to make or purchase a sand tray.
- Be able to apply 1-2 Embodied Sandtray techniques to counseling theories, principles and assessments with both individuals and groups

Come prepared and dressed to move! Format will be ½ Discussion and ½ experiential!

*Work shop is targeted to licensed mental health professionals
(LPC, LCAS, LCSW, LMFT).*

9AM-7 PM (with a 1 hour working lunch)

\$150 for 1 day (10 hrs) or \$210 for both days 10/13 & 10/14 (20 hrs)

call for student/non CE hour rates

*Discounts=\$10 off for Chapter members of the ADTA Carolina chapter
=\$10/wks for those taking multiple workshops where Angela is the presenter*

NBCC contact hours awarded to those with 100% active and full participation

Embodied SandTray Enactment Outline

	9 AM-7 PM (10 hrs NBCC clock hours earned)
9-10 AM	Into to workshop, Into to Sandtray What is it, The tray, guidelines, different kinds, make vs. buy Figures how to pick etc
10-11 AM	Sandtray as an assessment tool
11-Noon	Experience traditional Sandtray
Noon-1 PM	Experience non traditional Sandtray (not using a Sandtray with sand)
1-2 PM	Working lunch discussion (lunch not provided)
2-3 PM	Experience embodied sand tray
3-4 PM	Experience sand tray with movement and drama
4-5 PM	Experience sand tray with groups
5-6:30 PM	Discuss variations for children and adults, Individuals and families. Discuss variations for trauma, substance abuse and other populations
6:30-7 PM	QUESTIONS and Surveys

Angela Wiley, MA, LPC, LCAS, CCS, NCC, BC-DMT, RDT/BCT, CTTS holds current certifications as a dance therapist and as a drama therapist and state license as a Licensed Professional Counselor and a Licensed Addictions Specialist. Angela specializes in working with victims of abuse, people with developmental and physical limitations, and individuals struggling with eating disorders and substance abuse.

***To register call: Angela Wiley (336) 698-6723 Angela@dance-drama-therapy.com
Must Pre-pay Refunds offered up to 7 days before workshop.***

Angela Wiley-Greensboro Dance and Drama Therapy has been approved by NBCC as an Approved Continuing Education Provider; ACEP no. 6714. Programs that do not qualify for NBCC credit are clearly identified. Angela Wiley-Greensboro Dance and Drama Therapy is solely responsible for all aspects of the programs and services advertised. You can contact Angela Wiley at 5603 B West Friendly Ave #103 Greensboro, NC 27410, (336) 698-6723, angela@dance-drama-therapy.com, www.dance-drama-therapy.com.



**Visit web site for additional workshop opportunities:
www.dance-drama-therapy.com**

