

# Dance/Movement Therapy Group

Lead by Angela Wiley

MA, LPC, LPCS, LCAS, CCS, NCC, MAC, BC-DMT, RDT/BCT, CTTT

**Are YOU a**

**Mental Health Professional?**

NEED CE's? Want to learn new techniques to use with your work? Come CONNECT with mental health professionals in a FUN and informative way!

No dance experience required!

**Come dressed to move!  
Format will be experiential!**

You will learn through movement to recognize and differentiate subtle impulses in movement choices. When you can decipher the cues that are given and received, which tell us when to lead or follow, when to go up, when to go down, where to touch, when to slow down, and when to be still. One learns to stay in integrity with each choice, never forcing, never rushing- *Moti Zelman*

**Come, Learn, Experience**

Connect with movements and gestures you use on a daily basis.

How movement, gestures and spatial awareness help individuals connect and disconnect in relationships.

How to use movement in individual, couples and group therapy sessions.

How to use body posture and touch in a therapeutic manner

Connecting with other mental health professionals

Dance/Movement Therapy techniques to use in your work

How emotional and physical connections/separations impact your personal and professional life and how to have healing by using Dance/Movement Therapy

Authentic Movement

## Join Us

Tuesday evenings

### 6:30-8 PM

Greensboro Dance & Drama Therapy  
4112 Spring Garden Suite B  
Greensboro, NC 27404

## \$20

To attend each group

To Register Contact

Angela Wiley (336) 698-6723

[Angela@dance-drama-therapy.com](mailto:Angela@dance-drama-therapy.com)

<https://www.dance-drama-therapy.org/training-education-workshops/groups/>

**1.5 hrs of NBCC  
contact hours are  
available**

Group is targeted to  
Licensed Mental Health  
Professionals  
(LPC, LCAS, LCSW, LMFT)

Angela Wiley-Greensboro Dance and Drama Therapy has been approved by NBCC as an Approved Continuing Education Provider; ACEP no. 6714. Programs that do not qualify for NBCC credit are clearly identified. Angela Wiley-Greensboro Dance and Drama Therapy is solely responsible for all aspects of the programs. You can contact Angela Wiley at 5603 B West Friendly Ave #103 Greensboro, NC 27410, (336) 698-6723, [angela@dance-drama-therapy.com](mailto:angela@dance-drama-therapy.com), [www.dance-drama-therapy.com](http://www.dance-drama-therapy.com).

